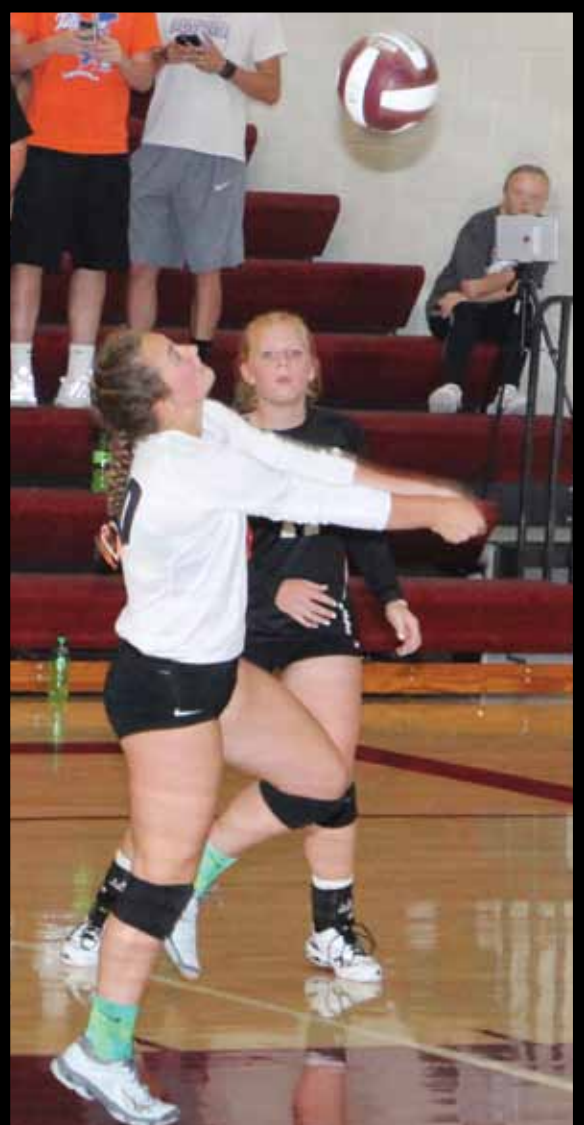




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**HARTLEY—MELVIN—SANBORN • SIBLEY—OCHEYEDAN**



# Versatility is key component of H-M-S volleyball team

Achieving consistency is biggest goal for 2020 season

BY MIKE PETERSEN

**V**ersatility tops the list in terms of team strengths as Hartley-Melvin-Sanborn gears up for the 2020 volleyball season.

With players who can fill different roles, Hawk coach Cheryl Kroese feels she can create better matchups against other teams. That should allow H-M-S to better neutralize opponents' strengths during the upcoming season.

"We can move kids around. We have options," Kroese said.

Versatility will also help fill voids created by the loss of four seniors from last year's squad. Three of them were significant contributors during the Hawks' 7-16 season.

But the experience well is far from dry. Seven letter winners return, including seniors Olivia Grooters, Taya Mason (honorable mention all-War Eagle Conference), Darby Mastbergen



CHERYL KROESE



Members of the 2020 Hartley-Melvin-Sanborn varsity volleyball team pictured front row, from left to right: Grace Dalen, Taya Mason, Kaley Pearson, Jessica Riedemann, Cadence Klein, Abby Kunzman and Emily Mutombo. Second row: Darby Mastbergen, Jasmine Lux, Olivia Grooters, Ava Reitsma, Paige Gehrke and Elise Haack. Not pictured: Emily Otto. MIKE PETERSEN/SENTINEL-NEWS

See H-M-S NETS, Page 6

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# With distractions plentiful, staying focused is Generals' priority for 2020 net season

Volleyball team returns large core from 2019 season

BY LORI WISER-DYAS

When rebuilding a program, as Sibley-Ocheyedan volleyball coach Ben Chestnut is doing, it definitely doesn't hurt to return five-sixths of last year's starting rotation. Neither does it hurt to have an absolute belief your team will be improved from a year ago.



BEN CHESTNUT

Chestnut is joined in that belief with 38 girls who comprise the team. The group includes seven seniors, seven juniors, 10 sophomores and 14 freshmen.

"This season is going to be different. It is going to be stressful. It is going to raise a lot of theoretical questions as to why, how and what is truly happening," said Chestnut. "I just hope our focus continues to be on our athletes, our youth and the future generations of society. With all the 'garbage' going on in the world we have forgotten that our children are watching, learning and ready to repeat, reiterate and re-enact the things we do. Athletics are a great place to learn lifelong transferable skills that many of these athletes will use as a getaway – stress relief – to fuel passion. They matter, our kids matter and we must not ever forget that."

Those beliefs meld perfectly with

See S-O NETS, Page 10



Members of the 2020 Sibley-Ocheyedan varsity volleyball team pictured front row, from left to right: Desiree Sandbeck, Ellie Huls, Abbey Roth, Kelli Greenfield and Emily Weaver. Middle row: Keytin Elser, Halle Block, Jadyn Jensen and Kaisha Van Engen. Back row: Mackenzie Beyer, Marissa Ackerman, Emily Schutte, Jillian Van Diepen and Olivia Bosma. Not pictured: Sydney Richardson. ARLYN PEDLEY/PRESS-NEWS



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# Young H-M-S cross country team is laying foundation for success this season



Members of the 2020 Hartley-Melvin-Sanborn cross country team are front row, from left to right: Hailey Grotluschen, Ashleigh Vermeer, Juliana Pasillas, Alexis Croatt and Jaela Anliker. Second row: Ella Noerenberg - manager, Bryce Dodge, Connor Pasillas, Gavin Faulkner, Mitchell Meyers and Cami Van Ravenswaay – manager. Absent: Madison Otto and George Vargas. MIKE PETERSEN/SENTINEL-NEWS

## Returners are setting the tone for 2020

The Hartley-Melvin-Sanborn cross country teams are looking forward to being back on the course for the 2020 season. They open their season on Aug. 27 at Cherokee.

Hawk coach Nicole Dorhout said the long break from training and

competition has made everyone appreciate the practices they are now having.

“It’s great to see all the student-athletes again. We got back together in person for our team camp at the beginning of August and now we’re back to regular practices. It’s been really nice to see the kids and for them to see each



NICOLE DORHOUT

other. It’s been a chance to get back to a semblance of normal life.”

The squad is relatively young having graduated four seniors from last year, but Dorhout is excited about the prospects.

“On the girls’ side we lost three seniors and right now we have only one senior,” she said. “While our girls are young, most of them have varsity experience and that’s a huge learning curve that’s already behind them.”

Leading the girls’ squad will be junior Madison Otto, who has been close to qualifying for state the past two years. Also returning are sophomores Jaela Anliker and Juliana Pasillas, who saw some varsity action last year.

“These three returning runners have done a great job of mentoring the new team members,” Dorhout

See H-M-S CC, Page 7

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Members of the 2020 Sibley-Ocheyedan cross country team pictured front row, from left to right: Madison Brouwer, Alayna Wingate, Emily Vos, Olivia Hensch, Autumn Dake, Rachel Rusche, Macey Hoekstra, Madison Marco, Bria Wasmund and Georgia Kleinwolterink. Back row: Keegan De Zeeuw, Garrett Atherton, Gilberto De la Cruz, Riley Rockman, Grant Paca, Jackson Byers, Isaiah Blanco, Elliott Croatt, Jesus Montes Noyola, Matthew Roelfs and Aiden De Zeeuw. ARLYN PEDLEY/PRESS-NEWS

## S-O girls hope momentum from 2019 will lead to success

Cross country team has core group returning this fall

BY LORI WISER-DYAS

Even in the midst of a pandemic, for some there is nothing more normal than going out for a run. This includes the 21 members of Sibley-Ocheyedan's cross country team.

Coach Ryan Wiersma is quite excited about the team, its potential and the upcoming season. The squad consists of 10 girls and 11 boys. Letterwinners Grant Paca, Jackson Byers and Isaiah Blanco return to lead the boys' team. Returning letterwinners on the girls' side include Rachel Rusche, Madison Brouwer, Madison Marco, Bria Wasmund and Alayna Wingate. Of that group, Wingate, Wasmund and Brou-

wer earned All-Siouxland honors as freshmen and, along with Marco, competed in the 2019 state meet.

With all the returning experience, Wiersma is excited about the upcoming season, but admitted it has a different feel to it.

"The start of this season brings about kind of a weird feeling," he said. "I am so excited to be coaching this group of runners and to be back working within the school environment again. We have had a great first two weeks of practice."

Wiersma said he's reminded the team to control what they can.

"I know the situation can change due to the pandemic . . . and myself and the runners have no control over certain aspects of it," he said. "The team and I are choosing to be positive and focus on what we can control. Many of the runners took the time off during



RYAN WIERMSA

the pandemic to improve themselves as athletes and runners."

While the girls' team may be young, they have already earned a reputation across the state and enter the 2020 season ranked No. 15 in Class 2A by the Iowa Association of Track Coaches.

"I believe in this girls' team so much," Wiersma said. "They are truly capable of anything. They are the nicest, most caring, hilarious group of ladies off the field of competition but once it's time to race, they want to kick your butt up and down the course. They have this competitive drive inside them that allows them to endure the pain and sacrifices it takes to be successful. I am so thankful I get to coach them."

That competitive spirit and desire to improve can be found in the boys' team as well.

Evaluating the Generals' strengths this fall, Wiersma noted their positive outlooks.

"Both the boys and girls have great

attitudes, want to work hard to improve and be good runners," he said. "Both the boys and girls get along great and have a lot of fun. We laugh a lot, but they are competitive and push each other every day in practice. There is also a lot of trust between myself, assistant coach (Lisa) Block and the runners. I trust them to do their work and they trust me to get them ready to compete."

While addressing his concerns for the season, Wiersma has two: One over which he has a modicum of control and another completely outside that realm.

"Overall, I am concerned our season could be interrupted or stopped due to COVID-19. The runners could do everything right and still be negatively affected by the pandemic," he said. "Specifically to our team, the boys are fairly young and inexperienced. That is also exciting because I think we will

See S-O CC, Page 11

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H-M-S returns seven letter winners to the court this year, including Jasmine Lux (spiking the ball) and Taya Mason (background). FILE PHOTO

**H-M-S nets**

*From page 2*

and Jessica Riedemann; juniors Grace Dalen and Jasmine Lux; and sophomore Elise Haack.

“I really feel confident we can fill the holes and put kids in positions to fill our needs,” Kroese said.

There are options at the net, where a “big piece” of the rotation is Lux. She put down 124 kills and recorded 28 total blocks a year ago. Mastbergen moves to the outside and added to the mix are senior Ava Reitsma, junior Kaley Pearson and Haack.

Putting the ball up for the hitters will be Mason, who will be the setter in the Hawks’ 5-1 offense. She recorded 281 set assists last year.

An axiom in volleyball is that nothing happens without a good first pass, which means strong back row play. Kroese said that Riedemann, who recorded 147 digs last year, will fill the libero role due to her experience and court coverage. Dalen and Haack also have seen action in the back row.

Improved serving is also a key. The Hawks’ serving efficiency in 2019 was only .887. Individually, Mason led the team last year with a serving efficiency of .943.

“Serving was our nemesis last year,” Kroese acknowledged. “We have been working on the mental aspect of things. We’ll see where we are when games start.”

The limited opportunity to conduct a normal offseason program has resulted in “lots of long practices,” Kroese noted. But she is pleased with the players’ commitment to meshing together as a team.

“They work hard at being a team, at playing together and playing for the team,” she said.

This is Kroese’s third year as head coach and she feels the rapport that has

**“We have been working on the mental aspect of things. We’ll see where we are when games start.”**

**– Cheryl Kroese**

developed is a positive for the program.

“They know what I want and how I work,” Kroese noted. “I think that will be a benefit in the long run to stay close and come out on top in the close ones.”

Competition in the War Eagle Conference won’t get any easier this year. Teams that finished at the top of the standings last year will likely compete for those spots in 2020. Even teams that graduated several seniors could still be contenders.

“Akron-Westfield will be pretty salty. Gehlen Catholic and Unity Christian are never down,” Kroese noted. “Any night you play, you have to play top-notch volleyball to get a win.”

The Hawks finished 10<sup>th</sup> out of 11 WEC teams last year, with their only win coming against winless Harris-Lake Park.

H-M-S did win some close matches in 2019, especially at their home tournament. If the Hawks can do that more consistently, they could improve on last year’s record. But Kroese is focusing more on what it takes to earn those close wins.

“We hope to play consistent volleyball. That is our biggest goal,” she said. “I tell them to adjust quickly and forget about their mistakes.”

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H-M-S CC

From page 4

said. "I anticipate a lot of improvement over the course of the season. Madi is raring to go. I'm anxious to see how she does in competition. Jaela and Juliana are much improved over last season and are excellent role models for the other girls."

New to the team are freshman Lexi Croatt, sophomore Ashleigh Vermeer and senior Hailey Grotluschen. Croatt ran the last two years in middle school while Vermeer and Grotluschen are trying it for the first time.

"Based on her performances last year, Lexi will definitely contribute to the varsity team," Dorhout said. "Ashleigh is a gutsy athlete who will help us a lot and Hailey is just starting out, trying something new. I appreciate that."

On the boys' side, the lone returning senior is Connor Pasillas who is starting his sixth year of cross country. Also returning are sophomores Bryce Dodge and Mitchell Meyers.

New this year are freshmen George

Vargas and Gavin Faulkner.

"This is a very young team, but I love their enthusiasm and team spirit," Dorhout said. "The nice thing about this type of team is that they'll grow and improve a lot. They get along really well and have started to form that team bond that is so necessary for success."

Having not seen track meets for a while due to the COVID-19 pandemic, Dorhout does not know exactly what to expect from the Hawks' competition; however, she knows where her focus is.

"I don't worry too much about what other teams are doing. In cross country, the main competition needs to be within each athlete," she said. "Our focus is for each athlete to make improvements throughout the season. We're happy to be out there competing and working to get better."

Meets of note are the H-M-S Invite on Sept. 21 and the War Eagle Conference meet which H-M-S will host on Oct. 12. Both will be held at Sanborn Golf & Country Club.

"It's fantastic that we will have two home meets this year," Dorhout said. "The kids really appreciate the sup-



Sophomores Juliana Pasillas (left) and Jaela Anliker (right) are two of only a handful of experienced runners on this year's H-M-S cross country team. FILE PHOTO

port of the home crowd, so if you can come out and watch we would love that."

Dorhout said the benefits of cross country go far beyond times on a score sheet.

"I see these great kids building a

team rapport, supporting each other and doing difficult things together," she said. "I have such respect for what they do together and the way they support and respect one another. It's an amazing sport to be part of, and I'm really proud of what they do."


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# Bigger, more athletic H-M-S football team readies for challenging 2020 season

‘Getting better every day’ is goal for H-M-S football squad

BY MIKE PETERSEN

Learning how to practice is as important as perfecting plays as the Hartley-Melvin-Sanborn

football team prepares for the 2020 season.

Despite having a fairly experienced team, the coaches are making sure players focus on improving each time they step on the field.

“Getting better every day is our goal,” said Hawk coach Tyler Horkey. “We’re not teaching plays, but we’re teaching



TYLER HORKEY

them how to practice. We’re fast and we’re physical.”

Five of the Hawks’ 11 returning letter winners were 2019 all-district selections. Senior DJ Doyle was first team all-district at linebacker. On the second team were senior Kayl Jacobsma as an offensive lineman and senior running back Dawson Schiphoff. Honorable mention picks were senior Noah Adams at cornerback and sophomore Kooper

Ebel at quarterback.

When it comes to the offense, Horkey leaves no doubt as to H-M-S’s philosophy.

“We are a triple option team,” he said. “Teams know what we’re going to run. The question is can they stop us.”

Horkey feels the players have shown knowledge and understanding of the of-

See H-M-S FOOTBALL, Page 14



Members of the 2020 Hartley-Melvin-Sanborn football team are front row, from left to right: Mason Brinkman, Noah Adams, D.J. Doyle, Dawson Schiphoff, Kayl Jacobsma, Talon Elwood, Gabe Bronstad, Sam Heyn and Maggie Ohrt – manager. Second row: Jesse Garcia, Keaton Graves, Connor Dodd, Kooper Ebel, Nick Bronstad, Travis Kamradt, Landon Elwood and Keevyn Jacobsma. Third row: Angel Tamoyo, Ryan Borden, Ethan Diehm, Brenton Thomas, Lance Berends, Jordan Ortega, Wyatt Borden, Keith DeBoer and Jackson Albert. Fourth row: Jordan Waddell, Ethan Baker, Lucas Kroese, Trenton Vollink, Tyson Tessum, Bradley Van Beek, Elijah Groeneweg, Zach Pearson and Spencer McCarter. Fifth row: Aiden Espeland, Tommy Den Hartog, Ethan Huberg, Coltin Mohni, Adam Schierholz, Bryce Ortega and Jacob Cates. Sixth row: Assistant Coach Korey Ebel, Head Coach Tyler Horkey, Assistant Coach Steve Waechter and Assistant Coach Mark Petersen. Not pictured: Ethan Wiersma, Shane Kusters and Charlie Conway (manager). MIKE PETERSEN/SENTINEL-NEWS

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# Gridiron experience is Generals' asset this fall



Members of the 2020 Sibley-Ocheyedan football team pictured front row, from left to right: Dylan Johnson, Jack Hausen, Mario Cuadros, Cesar Ramirez, Noah Doeden, Jon Hout, Riley Getzel, Sam Chambers and Kyla Schwager. Second row: Beau Jenness, Andrew Espinoza, Carter Brouwer, Austin Wassman, Trevor Doeden, Dylan Platt, Austin Kruger, Garrett Sarringar, Wyatt Dykstra, Tage Henrichs, Hunter Sandbeck, Cris Garduno and Damian Schroder. Third row: Walker Stubbe, Dalton Wingate, Cassidy Henrichs, Anthony Santana, Tyler Woelber, Michael Frick, Dylan Top, Vance Hayenga-Johnson, Thomas Roth and Jonathan Krogman. Fourth row: Regan Crichton, Landon Sheda, Michael Block, Dougie Noonkester, Jonny Santana and Logan Bruxvoort. ARLYN PEDLEY/PRESS-NEWS

### Many returning starters from last year's 3-6 season

BY LORI WISER-DYAS

Year Two of the Kellenberger era is underway at Sibley-Ocheyedan, and the team is ready to pick up where it left off in 2019.

"The expectations moving forward are for our kids to improve at the game of football as well as in life," he said. "We expect to continue to build relationships and develop the young athletes to go into the community and



TATE  
KELLENBERGER

make a positive impact."

Thirty-seven young athletes have answered the call for S-O. Of that total, 15 own varsity letters, nine return to the defensive unit and seven are back on defense.

Evaluating his team's strengths, the coach started with experience.

"We return a lot of starters from last year's team and many of those guys have multiple years of experience," Kellenberger said. "The guys have picked up things quickly this year so we coaches are excited to see a lot of these guys excel in their senior season."

Although the Generals return experience, the relatively low numbers overall are a concern for Kellenberger and the staff.

"We lack depth in the line play," he revealed. "We are trying to develop

some of the young guys and prepare them for some varsity minutes this year. We are also having some skill players get some reps to prepare for

the worst case scenario if injuries would happen."

See S-O FOOTBALL, Page 15

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**S-O nets**

From page 3

Chestnut's expectations as he begins his second year as the Generals' coach.

"My expectations have not changed from last season," he said. "A collective effort from our coaching staff, our athletes and our community will create the environment and culture in which we need to continue to succeed. We are rebuilding a program with a clear vision and have an amazing group of athletes who are dedicated and committed to the hard work it takes to rise to the level of play we have in northwest Iowa high school volleyball. It is exciting for me to see their excitement. Good things are coming for the Generals."

Chestnut cited numbers as his team's strength this year.

"We lost two and gained 14 as a program. I say that is an amazing step in the right direction," he noted. "With numbers comes intrasquad competition which if used correctly, can create an amazing environment where growth is seen on a daily basis."

Looking at his team with a critical eye, Chestnut said staying focused will be vital.

"I honestly have no concerns moving forward into this season in regards to our program, our team and our abilities," he said. "The only concern I have is that we have made it this far and I pray our opportunity to play does not get thwarted by what is going on in society."

The Generals are more than ready to start playing matches and put the memory of last year's 3-19 season behind them.

"One hundred percent," Chestnut said when asked if this year's squad can erase the memory of a year ago. "The win-loss record from a year ago only represents a small portion of the progress we have made as a program."

Asked about the always-stout Siouland Conference and which will be the team to beat, Chestnut offered a challenge to his team.

"The team on the other side of the net will be the team to beat this year," he said. "Understanding sports betting is legal, I still will not 'guess' where we finish this year. I will let our athletes answer that question in the upcoming weeks through their performance."



Sibley-Ocheyedan returns a majority of players from last year's squad. Pictured here is sophomore Halle Block. FILE PHOTO

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S-O CC

From page 5

see some real individual growth from the beginning of the season to the end.”

For the Generals and every team across the state, COVID will affect varying aspects of training. Most significantly for S-O, once or twice a week the team likes to get on a bus to travel out into the country to do some running.

“The precautions (number of people/spacing) and having to disinfect buses after use has made that more challenging, but we have great people at S-O who are willing to work through those challenges,” he said.

While daily temperature checks, seating limits and disinfecting are necessary, they are not distracting the Generals from their goal of competing at their best.

“For the boys, their goal is to get our more experienced runners up another level and get our new runners to the point where by October we can have a full varsity team out there competing,” Wiersma said. “The girls have very

Madison Marco (left) and Alayna Wingate (right) are two of the 5 returning letter winners for the No. 15-ranked S-O Generals. FILE PHOTO



lofty but very realistic team goals.”

Certainly, among those goals would be to qualify as a team for the state meet. Last year the Generals finished fourth in the district competition a mere five points from that marker.

Before then, however, the Generals will concentrate on improving over the



course of the season as they head into conference and district competition.

Wiersma expects the Siouxland Conference to be stacked, as usual, this year.

“There are lots of good runners and teams in the Siouxland so it will be a challenge each night out,” he admitted.


“The boys will be working towards getting a full varsity team by the end of the year, so their focus will be on being the best team they can be. The ladies expect to be one of the better teams in the Siouxland but our ultimate focus will be on the 2A District meet in October.”

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Members of the 2020 Hartley-Melvin-Sanborn junior varsity volleyball team are front row, from left to right: Kinsey Schirmer, Madison Ten Kley, Elise Haack and Morgan Grooters. Second row: Kayla Kathman, Abby Kunzman, Cadence Klein, Paige Gehrke and Emily Mutombo. Absent: Emily Otto and Abby Otto. MIKE PETERSEN/SENTINEL-NEWS



Members of the 2020 Hartley-Melvin-Sanborn volleyball C-team are front row, from left to right: Cheyenne Kruger, Destiny Olvera, Kya Christofferson, Jocelyn Abonce, Phancie Woolery and Emma Schmillen. Second row: Shelby Kruger, Ashlynn Struve, Kyra Vermeer, Anissa Bush, Alexis Grover, Heather Elgersma and Kinsey Schirmer. Absent: Abby Otto. MIKE PETERSEN/SENTINEL-NEWS



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Members of the 2020 Sibley-Ocheyedan junior varsity volleyball team pictured front row, from left to right: Halle Block, Emma Langstraat, Kaisha Van Engen and Diana Sufle. Middle row: Keytin Elser, Ashley Hout, Jadyen Jensen, Desiree Sandbeck and Marissa Duis. Back row: Mackenzie Beyer, Ellie Huls, Makya Dykstra, Ari Noonkester, Jillian Van Diepen, Rylie Boer and Emily Weaver. Not pictured: Sydney Richardson. ARLYN PEDLEY/PRESS-NEWS

GO, FIGHT, WIN! 



Members of the 2020 Sibley-Ocheyedan freshman volleyball team pictured front row, from left to right: Chole Sheda, Grace Bevers, Natalie Johnson and Anissa Vargo. Second row: Ava Dagel, Teagan Henrichs, Brooke Platt, Zoe Ackerman and Karissa Hulstein. Third row: Bailey Gries, Cora Rueter, Kristina Habben, Jayla Plotz, Shaelyn Kruger and Madison Vander Veen. ARLYN PEDLEY/PRESS-NEWS



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## H-M-S football

From page 8

fense in preseason that he has not seen in the past four years.

"It's become second nature. There's no question where they are going," he said.

Improved size and agility, especially up front, could be catalysts for a more diversified rushing attack.

"We are a little bigger this year in the offensive line," Horkey noted. "We have athletic, speedy lineman. They can do a lot of things. We can use that to our advantage."

The passing game also has potential, especially with size on the outside.

"We can get the ball on the edge. We have very versatile athletes," Horkey explained.

On the other side of the ball, H-M-S will feature a multi-front defense that is anchored by a group of experienced players.

"We have a lot of returners who have played some type of varsity ball. We are light years ahead of where we were last year," Horkey said. "Defense will be one of our strong points."

The kicking game won't be just an afterthought this fall. Doyle, a two-time all-district punter, handles the kicking duties. Getting the best athletes on the field is a priority.

"We're not holding back on special teams this year," Horkey noted. "We're going to be flying around out there."

Player development hasn't been limited to physical abilities. The coaches have observed a more mature attitude in preseason workouts.

"They are practicing hard. They never take a play off," Horkey said. "Getting better every day is our goal."

• **Schedule changes, playoff berth**

As a result of action by the Iowa

**"Teams know what we're going to run. The question is can they stop us."**

**- Tyler Horkey**

High School Athletic Association, varsity schedules were shortened from the traditional nine games to seven. H-M-S will play non-district games against Okoboji and Sibley-Ocheyedan along with five district games.

"I'm OK with that. I'm glad to play any type of game," he said. "We don't need four non-district games to go into districts. I am in agreement with what the state did."

Horkey believes Class A District 1 is "wide open." Despite graduation losses, Gehlen Catholic and South O'Brien are still serious threats. Akron-Westfield had a subpar year last year and MMC-RU fielded an inexperienced team, but Horkey is wary about them.

"They are wild cards," he said. "They'll get to the point where they'll be dangerous."

The newcomer to the district is Lawton-Bronson, a program that traditionally has good athletes.

"We lost the least of everybody in our district. That's a good thing," Horkey said. "We have a good chance of contending in our district."

Something else new for the 2020 season only is that every team automatically qualifies for the postseason. Horkey feels the regular season record will have a great impact on where teams play their first round playoff games.

"We'll likely be playing for a seeding. I like that fact," he said. "A playoff game at home would be huge. It is a motivation."



H-M-S kicks off the 2020 season Friday against Okoboji in Hartley. FILE PHOTO



Members of the 2020 Hartley-Melvin-Sanborn football cheer squad are front row, from left to right: Grace Dalen, Delaney Murphy and Alexa Reed-Clancy. Second row: Lily Rons, Destiny Olvera, Anna Vander Veen and Cecilia Schilling. Third row: Kylie Jatho, Emily Heneman, Lydia Harders, Emma Vollink and Megan Ten Kley. Tricia Vial is the cheer coach. MIKE PETERSEN/SENTINEL-NEWS

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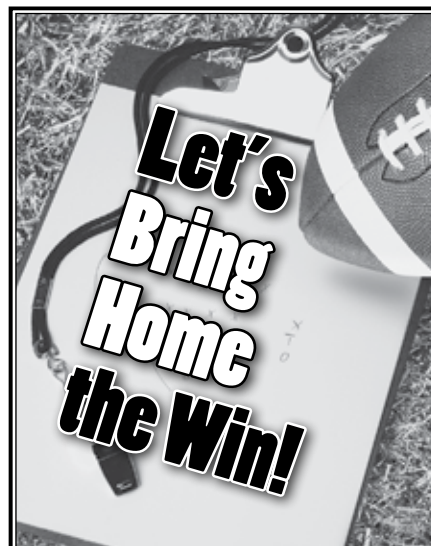


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Here's to a safe, successful and exciting 2020 season.

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AND HAWKS!**

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S-O football

From page 9

Combine that experience with the team's enthusiasm, and the Generals believe they have a recipe for success this fall. Obviously the Generals hope to improve from last year's 3-6 record; however, that's not the primary goal for the upcoming season.

According to the coach, the team's daily focus on improvement gives the Generals their best chances to win each game.

"Our goals for the team this year have nothing to do with wins or losses. Like I said before, our goal each day is to improve," Kellenberger explained. "Our goal is to live up to our core values each day. We want to have a blue collar mindset and be built for others."

That mindset will serve the Generals well as they kick off the new season. There have been changes to the team's schedule. Out from last year are Okoboji, GTRA (Graettinger), West Lyon and Unity Christian. Replacing those teams on the schedule are MOC/FV, Hinton and Sioux Cen-



Senior running back Dylan Platt (25) will be called on to push more piles for the Generals this fall. FILE PHOTO

tral. Asked about the district, Kellenberger believed the teams to beat were in Sioux County.

"It's somewhat of a different district with some familiar faces," he said. "I expect West Sioux and Western Christian to be towards the top of the district. I feel like if we continue to work and improve we will compete in every game and give us a shot to finish towards the top."



Members of the 2020 Sibley-Ocheyedan football cheerleading squad pictured front row, from left to right: Jadelyn Didier. Second row: Natalie Welch, Jasmine Thompson and Toni Rizalado. Third row: Alaina Harig, Kennedy Van Westen, Allyson Meinders, Avery Zylstra and Julissa Acevedo. Not pictured: Kristyn Johnson. The team is coached by Jacie Rueter. ARLYN PEDLEY/PRESS-NEWS

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# 2020 Fall Sports Schedules

## Hartley-Melvin-Sanborn

### CROSS COUNTRY

Coaches: **Nicole Dorhout (9<sup>th</sup> Year), Kyle Borchers**

Thursday, Aug. 27: Cherokee, JV/V, Cherokee, 5 p.m.  
Thursday, Sept. 3: Okoboji, JV/V, Milford, 4:15 p.m.  
Tuesday, Sept. 8: Sibley-Ocheyedan, JV/V, Sibley, 4:30 p.m.  
Monday, Sept. 14: West Lyon, JV/V, Lake Pahoja, 4:30 p.m.  
Thursday, Sept. 17: Sioux Central, JV/V, Sioux Rapids, 4:30 p.m.  
Monday, Sept. 21: H-M-S, JV/V, Sanborn, 4:30 p.m.  
Monday, Sept. 28: Alta-Aurelia, JV/V, Alta, 4:30 p.m.  
Thursday, Oct. 8: George-Little Rock/Central Lyon, JV/V, Otter Valley, 4:10 p.m.  
Monday, Oct. 12: War Eagle Conference, JV/V, Sanborn, 4 p.m.  
Thursday, Oct. 22: State Qualifying Meet, TBD, 4 p.m.

### FOOTBALL

Coaches: **Tyler Horkey (5<sup>th</sup> Year), Korey Ebel, Mark Petersen, Steve Waechter**

#### Varsity (7 p.m.)

Friday, Aug. 28: Okoboji.  
Friday, Sept. 4: Sibley-Ocheyedan.  
Friday, Sept. 11: South O'Brien.  
Friday, Sept. 18: at Gehlen Catholic (LeMars).  
Friday, Sept. 25: at MMCRU (Marcus).  
Friday, Oct. 2: Akron-Westfield.  
Friday, Oct. 9: Lawton-Bronson.

#### Junior Varsity (5:30 p.m.)

Monday, Aug. 31: Hinton.

Tuesday, Sept. 8: at South O'Brien.  
Monday, Sept. 14: MMCRU.  
Monday, Sept. 21: Okoboji.  
Monday, Sept. 28: Unity Christian.  
Monday, Oct. 5: at Sibley-Ocheyedan, Sibley.  
Monday, Oct. 12: at West Sioux (6 p.m.)

### VOLLEYBALL

Coaches: **Cheryl Kroese (3<sup>rd</sup> Year), Jenny Nassif, Michele Wagner**

Monday, Aug. 31: West Sioux, C/JV/V, Hartley, 5 p.m.  
Tuesday, Sept. 1: Unity Christian, C/JV/V, Orange City, 5 p.m.  
Thursday, Sept. 3: C Triangular, Hartley, 5:30 p.m.  
Tuesday, Sept. 8: Sibley-Ocheyedan, C/JV/V, Sibley, 5:30 p.m.  
Thursday, Sept. 10: Gehlen Catholic, C/JV/V, LeMars, 5 p.m.  
Monday, Sept. 14: Sibley-Ocheyedan, V Triangular, Sibley, 5 p.m.  
Tuesday, Sept. 15: Trinity Christian, C/JV/V, Hartley, 5 p.m.  
Monday, Sept. 21: JV Tournament, Spencer, 4:45 p.m.  
Saturday, Sept. 26: H-M-S Tournament, V, Hartley, 9 a.m.  
Monday, Sept. 28: Hinton, C/JV/V, Hinton, 5 p.m.  
Thursday, Oct. 1: South O'Brien, C/JV/V, Hartley, 5 p.m.  
Monday, Oct. 5: C Tournament, Western Christian, Hull, 4:30 p.m.  
Tuesday, Oct. 6: Harris-Lake Park, C/JV/V, Hartley, 5 p.m.  
Thursday, Oct. 8: Remsen St. Mary's, C/JV/V, Hartley, 5 p.m.  
Tuesday, Oct. 13: MMCRU, C/JV/V, Marcus, 5 p.m.  
Thursday, Oct. 15: Akron-Westfield, C/JV/V, Akron, 5:30 p.m.

## Sibley-Ocheyedan

### CROSS COUNTRY

Coaches: **Ryan Wiersma (7<sup>th</sup> Year), Lisa Block**

Thursday, Sept. 3: Okoboji Invitational at Woodlyn Hills.  
Tuesday, Sept. 8: S-O Invitational  
Monday, Sept. 14: Emmetsburg Invitational  
Thursday, Sept. 17: at Sioux Central  
Tuesday, Sept. 22: at Sheldon  
Thursday, Sept. 24: at Sioux Center  
Monday, Sept. 28: at Alta-Aurelia  
Thursday, Oct. 1: at South O'Brien  
Thursday, Oct. 8: George-Little Rock Invitational  
Tuesday, Oct. 13: Siouxland Conference Championships hosted by Sheldon  
Thursday, Oct. 22: Class 2A District meet  
Saturday, Oct. 31: state meet.  
Meets begin at 4:30 p.m.

### FOOTBALL

Coaches: **Tate Kellenberger (2<sup>nd</sup> Year), Cory Jenness, Tyler Plotz, Taylor Boeckholt, Steve Woelber, AJ Whalen and Doug Noonkester**

#### Varsity (7 p.m.)

Friday, Aug. 28: at MOC/FV (Orange City - N'Western College).  
Friday, Sept. 4: Hartley-Melvin-Sanborn.  
Friday, Sept. 11: at Western Christian (Hull).  
Friday, Sept. 18: at Hinton.  
Friday, Sept. 25: Emmetsburg.  
Friday, Oct. 2: Sioux Central.  
Friday, Oct. 9: at West Sioux (Hawarden).

#### Junior Varsity (5:30 p.m.)

Monday, Aug. 31: MMCRU, at Marcus.  
Tuesday, Sept. 8: Sioux Center.



Monday, Sept. 14: Sheldon.  
Monday, Sept. 21: Unity Christian.  
Monday, Sept. 28: at Okoboji.  
Monday, Oct. 5: Hartley-Melvin-Sanborn.  
Monday, Oct. 12: at South O'Brien.

### VOLLEYBALL

Coaches: **Ben Chestnut (2<sup>nd</sup> Year), Erin Swenson, Danielle Grooters**

Monday, Sept. 1, at Okoboji.  
Thursday, Sept. 3 at River Valley (Correctionville).  
Saturday, Sept. 5, Sheldon Invitational, time TBA.  
Tuesday, Sept. 8, Hartley-Melvin-Sanborn.  
Thursday, Sept. 10, at Boyden-Hull.  
Monday, Sept. 14, S-O Invitational, 5 p.m.  
Thursday, Sept. 17, Okoboji.  
Thursday, Sept. 24, George-Little Rock.  
Wednesday, Sept. 30, at Sheldon.  
Thursday, Oct. 1 at Rock Valley.  
Tuesday, Oct. 6, MOC/FV.  
Thursday, Oct. 8, at Sioux Center.  
Tuesday, Oct. 13, at West Lyon.  
Thursday, Oct. 15, Central Lyon.  
Matches begin at 6:50 p.m., unless otherwise noted.



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